

SWAMI VIVEKANANDA MEDICAL MISSION

ANNUAL REPORT 2019-20

Swami Vivekananda Medical Mission has been serving the Scheduled Tribes and backward communities of Attappady in Palakkad district for fifteen years now. Our Hospital was established in 2006 at Agali. Tribal patients from all around Attappady, from far and wide, reach our hospital every day. The school run by the trust has crossed several milestones last year. The community development of the mission has assumed bigger dimensions and is transforming lives in many tribal villages.

Hospital

The hospital has been providing free treatment to tribal patients ever since its inception. There were three doctors and a dentist at the hospital in this year. Dr.Narayanan (Paediatrician), Dr.Sampathkumar (RMO) and Dr.Maya MS (Casualty Medical Officer) were the doctors managing the patients. The hospital now functions 24 x 7 throughout the year. Dr.Varsha P.S has been our dentist for last three years. When she left for maternity leave, Dr.Shraddha took over as the dentist. All specialty procedures are being done in the dental clinic for the last two years. In the last year, we had the services of visiting specialist doctors Dr.Lalitha N. (Gynaecologist),Dr.Senthilkumar (Surgeon), Dr. Rajeev Menon(Surgeon), Dr.Guru Maharaj (Anaesthesiologist), Dr.Mukund K (cardiologist) and Dr.Sreekanth S.(Dentist).

Number of patients who benefited from our services in 2019-20

Services	Total beneficiaries	Tribal patients
Out Patient department	42302	27949
In Patient Department	820	267
Surgeries	64	23
Dental clinic	1995	954
ICU	93	46
Ultrasound Scan	232	86

The facilities at the hospital were improved with timely help from institutions and well wishers. GIC Housing Finance Ltd donated an on-grid Solar Power Plant to our Hospital which will reduce consumption of electricity from the EB grid. Rubfila International Ltd donated new linen to the hospital. We were successful in purchasing additional 30 cents of land adjacent to the existing building for development of the hospital with support from hundreds of well wishers and friends. Viswasanthi Development Foundation, Kochi extended help for providing free surgeries for tribal and other poor patients.

A new GE Logic F8 Ultrasound Scanning machine was donated by Harman Inspired Charitable trust. The Scanning machine is being used for general abdominal scans, scans for pregnant mothers and echocardiography for heart diseases.

Medical Camps

Pediatric medical camp: Swami Vivekananda Medical Mission, Coimbatore Masonic Children's Hospital, Prudence Lodge No. 3 jointly conducted a free Pediatric camp at Agali on 28th July 2019. Pediatricians from Masonic Hospital Dr. Suresh, Dr. Binny Balan and Dr. Narayanan of Swami Vivekananda Medical Mission Hospital examined the patients and gave them expert treatment. Sri V.R. Rajkumar (The Grand Master Grand Lodge of South India), K.R. Raman (Assistant Grand Master GLSI), Harish Wagadia (Secretary, Silver Jubilee Action Committee), K. Jayaraman (Master of Lodge Prudence No. 3) and several senior members of the Lodge took active part in the camp. Children from different parts of Attappady participated in the camp. The medical camp was organized in connection with the silver jubilee of the lodge. Medicines collected by the members were handed over to the hospital.

Skin and ENT camp was held on 15th December 2019. Dr. Preetha Unni (Dermatologist) and Dr. Preethi Kumar (ENT Surgeon) provided expert advice to the patients. 125 patients attend the camp to avail the specialty medical services.

Community Mental Health Programme

This programme was started in November 2009. The programme completed 10 years of successful activities in 2019. The completion of 10 years of the project was commemorated with several programmes. A Seminar on 'Community Mental Health- Opportunities and Challenges' was conducted on 1st December 2019 at IMA Hall, Palakkad. The seminar was inaugurated by Dr. K. Mohanan (Vice Chancellor of Kerala University of Health Sciences). Dr. Dr. C. K. Chandrasekharan (Past President, IMA Kerala) presided over the inaugural session. Dr. Shaji K. S. (Professor & HOD, Dept. of Psychiatry, Medical College, Thrissur) delivered the Key note address. Dr. Sreeram Sankar, Dr. Narayanankutty, V. P. S. Menon, Dr. Sukumarapillai, Dr. Rajagopalan Nair gave felicitations. Dr. Mohanan and Dr. Shaji K. S. were honoured at the session. Dr. Lekha Sukumaran (Senior Medical Officer, ART Centre, District Hospital, Palakkad) was honoured on the occasion of World AIDS day.

Dr. Ramanan Earat (Former President, Indian Psychiatry Society, Kerala) presided over the Scientific session. Dr. Narayanan V, (CMO, Swami Vivekananda Medical Mission) spoke on the experiences of conducting the CMHP in Attappady. Dr. Prabhudas, Medical Superintendent, GTSH, Kottathara also spoke on the mental health issues of Attappady.

The programme conducted by the mission has benefited more than 300 patients so far. More than 150 patients are on regular follow up and treatment under the programme. All patients are given free medicines, and followed up for compliance of treatment. Almost 80% of the patients have become symptom free and have returned to their normal lives.

A one day training camp for college students on 'Mental Health- Unexplained facts' was organised at EMS Memorial Panchayat Hall on 24th January 2020 in connection with the 10th year of Community Mental Health Program in Attappady. The program was inaugurated by Srimathi Asha Latha, Forest Range Officer of Bhavani Range, Mukkali. Sri S. Sajimon Secretary of Swami Vivekananda Medical Mission trust presided over the inaugural ceremony. Sri Ajith President of Press Club Attappady offered felicitations. Classes on different topics of mental health like Depression, Psychosis, Suicide prevention, Substance abuse etc were taken by Dr. Narayanan Chief Medical Officer, SVMM hospital, Dr. Naveen Psychiatrist at Government Tribal Speciality Hospital, Attappady, Ms. Shilpa Psychologist at

Punarjani Counseling Centre, Palakkad and Ms. Saranya , Psychologist at Punarjani Counseling Centre, Thanal, Mayannoor . Students from National Service Scheme units in different colleges in Attappady participated in good strength.

World Mental Health Day was observed with a programme at PALOOR village with workers of MGNREGA, The theme of this year's Mental Health day was "Working together to prevent Suicide". The subject was presented to the gathering by Ms. Anjali , Project Coordinator of CMHP.

Malleeswara Vidyanikethan School

The first batch of students in the 10th standard passed out 10th examinations successfully in 2019. Padmakshi Teacher is the Headmistress of the school for the last two years. The school facilities were revamped with help from well wishers, trusts and institutions. The science lab was improved with support from Synergy Educational & Development trust and Sri D.Arunachalam. Lockers for students were also provided by Synaergy trust. The school library was developed with books donated by well wishers. Sri Ram Mohan, CEO of Edyounet TeleClassrooms Limited donated a tele-classroom facility to the school. R. Parameswaran Memorial Endowment for supporting the education of a meritorious student every year was started by Dr.P.Venkitakrishnan in the belowed memory of his father in 2019.

Bharat Petroleum Corporation Ltd approved a CSR grant for construction of additional class rooms to our School. The foundation stone for the new building was laid by Sri N.C.T.Rajagopal, National Secretary of Vidyabharathi on 1st September 2019. Construction of four classrooms and toilets is about to be completed. A new TATA school bus was purchased by the school management for facilitating transport of children from far flung places to the school daily.

Construction of a boy's hostel for the school was also started in the school campus. The foundation stone for the hostel was laid by Sri P.Harikrishnakumar, (Pranthapracharak of Rashtreeya Swayamsevak Sangh, Kerala). Sri V.K.Somasundaran (President, Navothana Parishath) and Sri Sasikumar (Nila Seva Samithi) participated in the function.

Sri Vinu Mohan (Cine actor) was the chief Guest at the Annual day of the school held on 27th January 2019.

Skill development

Sri Balachandran Smaraka Janavaibhava Kendram: 32 women were given training in sewing. A garment making unit is now active in the centre. Ten more women joined the garment making centre as tailors. Now there are 34 women entrepreneurs working in the garment making centre. They make nighties and churidar tops. 20458 nighties, 2110 churidar tops, and 300 bags were stitched in the year. The net annual revenue of the centre was

Rs.289918/-. Srimathi U.Sheeba is the tailoring instructor at the centre. Kumari Vidya assists her at the centre.

A sewing machine was donated to Srimathi Santhi of Melemulli tribal village. She is a member of the garment making unit and will use the machine to stitch the orders from the unit.

Six women who are part of the garment making unit purchased high speed machines for stitching this year. Rotary Club of Coimbatore Saicity donated 8 high speed machines for the centre on 2nd October 2019. The machines were handed over by Sri N.Rajendran, President of the club in the presence of Sri R.Mylsamy (Assistant Governor) and Sri Anand (Community Programmes Head). The club also provided support for renovation of the existing centre by donating eight ceiling fans, lights and supporting the renovation of toilet.

The centre hosted the Jan Shikshan Sansthan training for kudumbashree units in March-April 2019. JSS Training for embroidery was held for 20 women from 1st January 2020 to 20th March 2020.

MEDP Training with support from NABARD was held from 29th February 2020 at the centre. Training was conducted for two skills- sewing machine technology and Beauty therapy. 30 candidates were trained in each skill for 13 days. The training programmes were inaugurated by Srimathi Kaliyamma, President of Attappady Block Panchayat. Sri V.P.S.Menon, (President, SVMM) presided over the inaugural function.

Career Guidance Workshops were conducted for 10th and 10+2 passed out students with cooperation with ISKRA Foundation, Kochi at three venues. About 100 students participated in the workshops and were given advice on career choices and courses to select.

Vivekananda Janaseva Kendram

This centre was started in Sholayur in 2018 with the help of KHNA. In this year, 19 candidates completed DCA. Now there are 13 candidates for DCA, 6 candidates for PGDCA, and 9 for MS office course. The centre also provided services for submitting online applications and payments to the general public.

Community Projects

Village Health Work: Volunteers from tribal villages are identified and trained to become Village Health Workers. They help villagers to access medical treatment, advise them in health issues, organise awareness programmes and mobilise patients for free medical camps. There are health workers in 100 tribal villages now.

Balamskara Kendram: These are weekend classes for tribal children in the villages. The children are given inputs on their class lessons, other general subjects and cultural aspects. The instructors are educated men or women from the same village. There are Balamskara kendrams in 30 villages now.

Self Help Groups: Women are organised into self Help groups for improving their savings and income generation through microfinance. The trust is engaging with 50 self help groups now.

These projects are managed with support from TIDE Trust, Mumbai. The annual training programme for Village Health Workers was held on 12th July 2019 at SriBalachandran Smaraka Janavaibhava Kendram, Agali. Sri K.K.Sathyan (National Coordinator, TIDE Projects) inaugurated the training programme. The workers were given training on community management of several health problems.

Agriculture

A project for sustainable agriculture for tribal farmers through cultivation of medicinal plants was started with support from NABARD under FSPF scheme in September 2019. The scheme will benefit 100 farmers in two years. In the first year, 50 farmers from Vellakulam and Moolagangal hamlets in Sholayur Panchayat were included in the project. The project is implemented with technical advice and cooperation with Arya Vaidya Pharmacy (Coimbatore). Nine species of medicinal plants are grown as part of the project. Two workshops for farmers were held as part of the project. The First workshop was held on 29th September 2019. The farmers were given technical inputs on medicinal plants cultivation by Sri K.Govindankutty (Director, Artha Herbs and Derivatives Pvt. Ltd) and Sri K.Sasikumar (Director, CIMH, Kanjikode, Palakkad. In the second workshop held on 25th January in cooperation with Kerala Agriculture University and Krishi Vigyan Kendra, Pattambi. Dr.Mani Chellappan (Professor at Kerala Agriculture University) conducted the classes for the farmers and gave them expert advice on bee keeping and its commercial importance.

On 11th November 2019, Sri R.Srinivasan(Chief General Manager of NABARD) Kerala, along with Sri Lalu N Kutty (DDM, NABARD) visited our hospital and interacted with the beneficiary farmers of the FSPF project.

Rural Development

Construction of 40 toilets in Thadikundu tribal village in Pudur Panchayat deep inside the forest was started in February 2020. This project is implemented with support from Viswa Sevabharathi. Two years ago, 3 toilets were constructed in the village. The toilets have been completed now.

Drinking water project inaugurated in Chavadiyur village of Sholayur Panchayat in 2019 January is successfully managed and utilized by the villagers now. A new initiative to extend the facility to another 55 families is being pursued now with prospective donors.

Electrical wiring work for four houses in Bhuthivazhy tribal village was completed with support of by students of Government Polytechnic College, Palakkad as part of social responsibility project.

As part of Swachatha Abhiyan, Village Cleaning work was undertaken in Kathirampathi village along with Dept of MSME, Thrissur on 25th June 2019. The program was intended to

emphasize the relevance of social hygiene and health among the tribal population . A Swatch Bharath pledge was undertaken by all the participants. The residents of the village, and volunteers of Swami Vivekananda Medical Mission along with officials of MSME Institute took part in a sanitation drive around the village. Sanitation kits were distributed by the officials to all villagers. Director in charge of MSME Development Institute Mr.Palanivel headed the campaign. Dr.Maya M.S., Medical Officer (Swami Vivekananda Medical Mission Hospital) spoke on Personal and social hygiene. The Dept of MSME also supported the repair work of the toilet connected to the Anganwadi of Kathirampathi village.

Flood relief work

In August 2019, many regions of Attappady were severely affected by heavy rains, floods and landslide. From 9th to 22nd August, in coordination with Sevabharathi, flood relief work was carried out in Puliwara, Kuravanpadi, Chittoor and other places. The affected families were provided rice and provisions, clothes and household utensils. Solar lamps donated by Synergy Educational and Charitable trust were handed over to 94 families in Kuravanpadi, where power connections were disrupted for many months due to the rains and landslides. We thank all friends and well wishers who came forward with timely support to meet the emergency need of supplies in cash and kind.

Vivekananda Jayanthi

On 12th January 2020, Jayanthi Celebrations of Swami Vivekananda was conducted in Agali. The celebrations were inaugurated by Sri Kanthasamy, (Manager of Government Model Residential School, Mukkali). Key Note address was delivered by Sri Joby Balakrishnan (Teacher at Govt. L.P.School, Mulli). Sri M.C.Valsan, (Prantha Sahaseva Pramukh, Rashtreeya Swayamsevaka Sangham) gave the valedictory address. Tribal volunteers and children presented cultural programmes.

Seva Internship

This year, five youth from USA and Canada spent their vacations in Attappady pursuing Seva Internship with Swami Vivekananda Medical Mission. The interns were Ms. Medha, Ms.Rudra, Ms.Trisha, Mr.Remi Laurence and Mr.Rohit Nair. The interns spent their time in tribal villages understanding tribal life and problems. They also took active part in flood relief work and other projects being implemented in the tribal villages. We congratulate the interns for their enthusiasm and seva mindset in completing the internship at Attappady successfully.